Digital Media Literacy and Parenting

Resources and references: online presentation to parents, Ottawa Public Library, October 29, 2026. -Chelsea Attwell and Carol Arcus, AML

Children's digital lives and parenting

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"We Didn't Protect Children from Social Media — We Have Another Chance with AI." The Hill. Opinion article

danah boyd (2014), **It's Complicated: The Social Lives of Networked Teens**

Digital Futures for Children Centre. London School of Economics. Website

Social media bans and regulation

Australian eSafety Commissioner (2026). "Early Insights from eSafety's Comprehensive Evaluation Project." Report summary

Barnes et al. (2026). "Assessing Early Effects of Australia's Social Media Minimum Age Act on Adolescents' Social Media Use: Observational Study." The BMJ. Article

Communications Psychology (2026). Review of 45 studies examining social-media reduction interventions. Article

The Lancet Regional Health – Western Pacific (2026). Article examining how to evaluate social-media restrictions beyond reductions in use. Article

Videos, news and illustrative examples

AT&T Fiber. "Unexpected Experts — Gamers." Video illustrating how gaming can bring family members together. Watch video

The Com / Durham Regional Police. News report warning about an online group targeting children. Used as an example of discussing online risks with children. Police online safety resources

Other sources

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